

How much do you know about Oral Health? Take our quiz to find out!

Suitable for 12 -16s

	Question	Answer	Score
1	How many teeth do adults have in total?		
2	How many baby teeth are there in total?		
3	There are eight incisor teeth located in the front part of your mouth <i>True or False</i>		
4	Enamel is the hardest substance in the body <i>True or False</i>		
5	Dentine is a harder substance than enamel <i>True or False</i>		
6	Your teeth are as unique as your fingerprints <i>True or False</i>		
7	Teeth start to develop after you are born <i>True or False</i>		

<p>8</p>	<p>Which one of these foods is healthy for your teeth?</p> <ol style="list-style-type: none"> 1. Dried raisins 2. Citrus fruits 3. Leafy vegetables 		
<p>9</p>	<p>Only two-thirds of your teeth are visible</p> <p style="text-align: center;"><i>True or False</i></p>		
<p>10</p>	<p>Oral diseases affect nearly 3.5 billion people worldwide.</p> <p style="text-align: center;">Write 3.5 billion as a number.</p>		
<p>11</p>	<p>Which one of these factors does not contribute to oral diseases:</p> <ol style="list-style-type: none"> 1. An unhealthy diet high in sugar 2. Regular exercise 3. Use of tobacco products 4. High alcohol consumption 		
<p>12</p>	<p>What does the B in Oral-B stand for?</p> <ol style="list-style-type: none"> 1. Brush 2. Bristles 3. Best 4. Beginner 		
<p>13</p>	<p>How many seconds should you spend brushing your teeth?</p> <ol style="list-style-type: none"> 1. 60 seconds 2. 81 seconds 3. 120 seconds 		

<p>14</p>	<p>Which one of these is true?</p> <ol style="list-style-type: none"> 1. Enamel protects the dentin 2. Dentin protects the enamel 		
<p>15</p>	<p>Teeth are bones</p> <p><i>True or False</i></p>		
<p>16</p>	<p>Sharks constantly lose their teeth</p> <p><i>True or False</i></p>		
<p>17</p>	<p>Cats have more teeth than humans</p> <p><i>True or False</i></p>		
<p>18</p>	<p>How often should you visit the dentist for a regular checkup?</p> <ol style="list-style-type: none"> 1. Every month 2. Every six months 3. Every two years 		
<p>19</p>	<p>You should replace your toothbrush every 3-4 months</p> <p><i>True or False</i></p>		
<p>20</p>	<p>A scale and polish are when your teeth are professionally cleaned by the hygienist.</p> <p><i>True or False</i></p>		

<p>Final Score</p>	<p>/ 20</p>
---------------------------	-------------

Answers!

	Question	Answer
1	How many teeth do adults have in total?	32
2	How many baby teeth are there in total?	20
3	There are eight incisor teeth located in the front part of your mouth <i>True or False</i>	True
4	Enamel is the hardest substance in the body <i>True or False</i>	True
5	Dentine is a harder substance than enamel <i>True or False</i>	False
6	Your teeth are as unique as your fingerprints <i>True or False</i>	True
7	Teeth start to develop after you are born <i>True or False</i>	False
8	Which one of these foods is healthy for your teeth? 1. Dried raisins 2. Citrus fruits 3. Leafy vegetables	Leafy Vegetables

<p>9</p>	<p>Only two-thirds of your teeth are visible</p> <p><i>True or False</i></p>	<p>True</p>
<p>10</p>	<p>Oral diseases affect nearly 3.5 billion people worldwide.</p> <p>Write 3.5 billion as a number.</p>	<p>3,500,000,000</p>
<p>11</p>	<p>Which one of these factors does not contribute to oral diseases:</p> <ol style="list-style-type: none"> 1. An unhealthy diet high in sugar 2. Regular exercise 3. Use of tobacco products 4. High alcohol consumption 	<p>Regular exercise</p>
<p>12</p>	<p>What does the B in Oral-B stand for?</p> <ol style="list-style-type: none"> 1. Brush 2. Bristles 3. Best 4. Beginner 	<p>Brush</p>
<p>13</p>	<p>How many seconds should you spend brushing your teeth?</p> <ol style="list-style-type: none"> 1. 60 seconds 2. 81 seconds 3. 120 seconds 	<p>120 seconds</p>
<p>14</p>	<p>Which one of these is true?</p> <ol style="list-style-type: none"> 1. Enamel protects the dentin 2. Dentin protects the enamel 	<p>Enamel protects the dentin</p>

<p>15</p>	<p>Teeth are bones</p> <p><i>True or False</i></p>	<p>False</p>
<p>16</p>	<p>Sharks constantly lose their teeth</p> <p><i>True or False</i></p>	<p>True</p>
<p>17</p>	<p>Cats have more teeth than humans</p> <p><i>True or False</i></p>	<p>False</p>
<p>18</p>	<p>How often should you visit the dentist for a regular checkup?</p> <ol style="list-style-type: none"> 1. Every month 2. Every six months 3. Every two years 	<p>Every six months</p>
<p>19</p>	<p>You should replace your toothbrush every 3-4 months</p> <p><i>True or False</i></p>	<p>True</p>
<p>20</p>	<p>A scale and polish are when your teeth are professionally cleaned by the hygienist.</p> <p><i>True or False</i></p>	<p>True</p>

References -

<https://www.nhs.uk/live-well/healthy-body/teeth-facts-and-figures/>

<https://www.123dentist.com/10-fun-facts-about-teeth/>

<https://www.stanfordchildrens.org/en/topic/default?id=anatomy-and-development-of-the-mouth-and-teeth-90-P01872>

<https://www.electriceeth.co.uk/facts-about-teeth/>

<https://www.who.int/news-room/fact-sheets/detail/oral-health>

<https://en.wikipedia.org/wiki/Oral-B>

https://en.wikipedia.org/wiki/Shark_tooth

<https://oralb.com/en-us/oral-health/why-oral-b/electric-toothbrushes/when-to-change-toothbrush-or-head>